

## **Governor's Commission on Physical Fitness and Sports Proposed 2003 Activities and Priorities**

1. Schools: Continue the Excellence in Physical Education annual awards. Continue to work with the Mississippi Alliance for School Health (MASH) and the Department of Education to identify funding for the Mississippi Department of Education's Physical Education Coordinator position. Arrange meeting between Dr. Johnson, State Superintendent of Education, and representatives of the Commission to discuss the Commission's work and this issue. This will address the needs of our state's younger citizens.
2. Sr. Olympics: The Commission is recognized for being associated with Sr. Olympics. Commissioner Joyce Anderson represents the Sr. Olympics. Sr. Olympics is popular with our state's senior citizens and provides viable avenue of exercise and recreation for our senior citizens.
3. Physical Fitness (General Population):
  - Business Community: Continue the Worksite Wellness annual awards. In addition, work with the Mississippi Economic Council to possibly publish worksite physical fitness tips in their newsletters.
  - Physical Fitness Report: Continue to assess the state's physical condition and report it annually.
  - Media/newspapers: Prepare a physical fitness column or editorial for quarterly distribution to the print media throughout the state.
4. Fundraising: The Commission receives no funding from the state. Research, identify and apply for grants or private sector contributions.