

## CHRONIC DISEASE ACTION PLAN

### Goal Statement: Control and Reduce the Impact of Overweight/Obesity in Children.

Strategy (-ies):	Action Step:	Responsible Party (-ies):	Expected Outcome:	Benchmarks:	Completion Dates:
1. Enhance/incorporate Coordinated School Health Services in schools throughout the state.	1.1 Work with MDE and CDC to assess alignment of resources to create Coordinated School Health Director to report to the Superintendent of Education.	Anne Travis			
	1.2 Further roll out of funding to establish RN based EPSDT clinics in schools.	Anne Travis			
	1.3 Expand EPSDT services to include Body Mass Indexing and nutritional/exercise counseling.	Alicia Crowder			
	1.4 Establish a law that requires Physical Activity for 20 to 30 minutes daily for grades K thru 6.	Rep. May Whittington			
	1.5 Work with vending machine providers to develop alternative/healthy food and drink choices. (Obesity Council)	Rep. May Whittington/MDE/MSDH			

2. Improve opportunities for physical activity in schools and communities.	2.1 Initiate meeting with Department of Wildlife Fisheries and Parks, Academy Team Members, and the Mississippi Department of Health to identify resources available to build walking trails in the communities.	MSDH			
	2.2 Construct walking trail in a community to serve as a model.	MSDH			

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	2.3 Measure and evaluate the impact of walking trails on child health. (Decrease weight, improve test scores and emotional health)	MSDH			
	2.4 Report finding to Governor, Legislature, Board of Health, Department of Education, and other stakeholders.	MSDH			

